



Kimberley and District Striders



kadsrunning.co.uk

**KADS Committee COVID19 Meeting
Tuesday 18.08.20
Virtual Meeting due to COVID19**

Attendees: LT, EW, DT, RS, JuB, CC, DD, KD,
Apologies: SRD, KH, MG, MD, ET

Wednesday Sessions

Any led runs would need to be transparent in the fact that the pace might vary drastically and to be aware of that 'risk' when booking on. Led runs would be easier to keep to 6 due to distancing along the route

Would be useful to have 'new' run leaders have conversations with the current ones leading sessions to understand what is needed from them. There is a WhatsApp group for run leaders and coaches to communicate with each other

6+ sessions

No further progress on this at the minute as there is a lot to look into. Chris needs to look into a track and trace system and communications; he said that he needs an idea of what things are being done. We wouldn't want to go too big and would want to stick to groups of 12, no bigger. Structured sessions are easier to manage for a group of 12 than a led run would be due to distancing

Suicide Awareness Challenge

It is National Suicide Awareness Day on 10th Sept. Emma wondered if we could put on a week event for this - her idea is to have a challenge that pushes people outside of their comfort zone, and have videos/pictures with it. She could ask Oli if he would be happy to put together a compilation video to go out on KADS fb page

Virtual KADS

Julie asking if the weekly email needs to continue - it has EA 30, LDL and notParkrun - the LDL can be done as a stand alone email as and when it is due.

The Weds sessions can be put on the club calendar instead for people to look at and book through.

AOB

BDL XC

An email has been sent out from Rob at BDL asking for feedback on what to do. It will be down to hosting clubs to liaise with venues; but unlikely that it will go ahead before the end of the year. They are due a meeting to discuss this

Next Meeting 1st September