



Kimberley and District Striders



kadsrunning.co.uk

**KADS Committee COVID19 Meeting
Tuesday 21.07.20 2020
Virtual Meeting due to COVID19**

Attendees: LT, EW, RS, KH, DT, MG, MD, CC, SRD

Apologies: KD, DD, ET, JuB

Robin Hood KADS Replacement

Thoughts were to put a half marathon route on, on the day of the Robin Hood so that people can continue to train for it.

Kerstine suggested virtual runs as members can get medals. This isn't something that the club can afford but it is something we could make members aware.

We can help facilitate a whatsapp group for people that are training for the RHHM to be able to support each other.

The event needs to be very much more a structured map run, rather than an event.

As guidance is constantly changing, we can't give much more information to members until closer to the time.

New Members

People can join KADS by filling out a form online and paying online. We would then offer a social run or video chat to introduce to the group. To put to the committee if/when people want to run. Can come to a structured session on a Wednesday before they join if there is space available.

Lots of non-members have done C25K during lockdown, we can promote this as a club to say that we are accepting new members, we can then put on a small map run with a run leader.

Virtual KADS Ongoing

What do we do with virtual KADS going forward given that the structured sessions are coming back. Something such as bingo, distance challenge, something that isn't too onerous to oversee.

Still have bingo going on, mile race, LDL and then handicap route to be run next month

New EA Guidance

EA guidance speaks of unlimited numbers in 'covid secure' environment, but realistically we cannot be covid secure as people can be asymptomatic carriers, it involves pre-filled questionnaires before attending.

Still allow for 6 athletes to run together 2m apart as the risk of asymptomatic is mitigated by 2m. We need to be aware of all members' needs and that some members will still have anxiety around larger groups.

There are other run leaders that would be willing to take on extra groups, but need to set up a call to chat with them about it.

EA guidance says that groups should be run by a licensed run leader/coach - it covers all affiliated clubs.

We could have up to 2 groups of 6 with 1 coach, but as still vague how this would work to continue as we are for now.

Big thank you to all committee for pulling together the last few months!