



Kimberley and District Striders



kadsrunning.co.uk

**KADS Committee COVID19 Meeting
Wednesday 08.07.20 2020
Virtual Meeting due to COVID19**

Attendees: LT, EW, RS, KD, ET, CC, KH, JuB, MD
Apologies: MG, DT, SRD, DD

This meeting is to discuss any updates on COVID19 and how we can restart activities for the club.

As covid coordinator Chris has sent a risk assessment round to all committee members showing what we need to do to come back safely

The committee discussed having structured sessions for now instead of map runs as run leaders are needed for club sessions.

Structured sessions would be something that members can't put on themselves, but would benefit from run leaders holding these sessions. These sessions/routes could be risk assessed once and then used going forward. Simultaneous sessions could be held across kimberley. Structured sessions also mean that the pace of the run leader doesn't impact the session.

Using the Run Together App will allow people to book on and gives people's emergency contact details. This allows for members to sign disclaimers saying they know they won't come if they have symptoms or are isolating.

We would need to be able to explain to members that there are limited numbers, so not to book on to all of them at once.

1 coach to 5 members, but if the route allows, two groups could split off in different directions, meaning that 10 people could run at one location - 40 members a week with 4 run leaders holding a session. Chris will look into this and would need to risk assess it, it would be too early to implement this now.

Emergency arrangements - if using Run Together we would have emergency contacts. H&S policy on KADS website mentions that members should have mobile phones on them. The run leader needs to carry masks/face coverings so that we can help others if needed.