



Kimberley and District Striders



kadsrunning.co.uk

Committee Meeting

Wednesday 4th December 2019 8.30pm - 10pm

All committee members in attendance

There were a few items carried over from the previous committee, but these are all on the agenda to be discussed tonight.

Couch to 5K

The committee had a discussion around the Couch to 5K (C25k) being held in January. There were concerns that it is short notice to be able to plan and to ensure that there are enough volunteers to be able to run it safely. We would also need to ensure that there are enough run leaders from an insurance perspective. We had a discussion around that there is not much to bridge the gap following a 5k and that as we have a lot of new members this year, it could be an idea to use the Thursday nights that would have been used for C25k for something for the new and existing members. There are other programmes for the C25K that the club can advertise. The committee will discuss at the next meeting what will be put in place of C25K

Treasurer Update

As it is a new committee with a new treasurer, chair, secretary and Goose Fair Gallop lead, the signatories will need changing over for both club accounts.

Awards Night

Awards night is normally held in March and a date needs fixing. Awards will need to be decided upon, but this is something to be carried over to future meetings towards the end of the race season.

Communications

The committee currently use their personal email addresses for communications, but we will soon have role specific email addresses for ease of continuity and for members to know who to contact individually if needed.

Goose Fair Gallop

Nothing has been agreed for next years Goose Fair Gallop as yet. There are various venue options to look at, but this may require a change in route. We are looking into the possibility of having t shirts as finisher trophy instead of medals, and the option for KADS to be able to run a virtual race as they volunteer for Goose Fair Gallop. Toffee Apples will remain as a finisher prize, but other items may need to be sacrificed if costs get too high.

Run Leaders and Wednesday Structure

The club has 2 funded run leaders in Rob and Rachelle and Daz has been funded by EA for a further place. There are other run leaders within the club. Social runs are good on a Wednesday night, but we may look into having more structured runs.

KADS Members Area

It was agreed that the minutes of meetings should be shared to members. Once the minutes have been agreed at the following meeting, a summary would be devised and shared out to the club. One of the main reasons for a members area was to have a section for paid members to access. The logistics of passwords and usernames did not seem to make it a viable idea.

Weightlifting and Strength and Conditioning course

Kimberley run a womens weight lifting course and have agreed to put one on for KADS - £240 for 12 members for a 6 week session. Free for KLC members, or £50 each.

AOB

Goose Fair Gallop named contact will be Daz - but Kirstie can continue to come committee meetings and work alongside.

Comms named contact will be Julie - but Jason can continue to come to committee meetings and work alongside.

Next Meeting Wednesday 8th January at 8.30pm