



Kimberley and District Striders Members Code of Conduct

All members must sign the relevant code of conduct for their role upon joining and at renewal. There are separate codes for runners (members), run leaders and coaches.

As a Club, members come together to participate and enjoy a common interest in running and athletics. The Code of Conduct acts as a reminder of the standards of behaviour which we all share.

Members are expected to recognise that the organised activities of the club depend on the time and efforts of many volunteers who give a significant amount of their time for the benefit of the club.

Within the context of the club, members or a person acting on behalf of the club are expected to:

- Behave with respect to other members of the club, other runners and members of the public.
- Take responsibility for their own safety and not compromise the safety of others.
- Behave in accordance with the Welfare Policy of the Club.
- Respect and comply with the rules and regulations of competitions that they may participate in or assist with as an official.
- Not publish defamatory material or behave in a manner that may bring the club into disrepute.
- Follow the Club Discipline and Appeals Process if at any time they have cause for concern for the welfare, safety or behaviour of others.

During training sessions

- Inform your coach or run leader if you have any significant medical issue which may lead to problems during the run.
- Be realistic when returning from illness or injury and let someone know if you're struggling.
- Respect pedestrians and other path/road users
- Look after the other runners within your training group, making sure that they are not left on their own or inform your run leader.
- When dark, members should wear fluorescent vests or other suitable clothing to ensure they can be clearly seen.
- A head or chest torch should be worn on club nights between the months of October and April.

Social Media

Comments made verbally, written on our social media pages (such as Strava, Facebook etc) or on our website should not be abusive, offensive or derogatory, nor contain any inappropriate language. Any messages that are in this manner, will be dealt with accordingly by Welfare. This includes WhatsApp messages to other members or groups of members.



The Club recognises that many runners make use of social media in a personal capacity. While they are not acting on behalf of the Club, members must be aware that they could risk damaging our reputation if these are not appropriate. All members are therefore requested to ensure that they continue to recognise and respect this.

Inclusion Policy

KADS, is a club that is a welcoming environment and makes all reasonable adjustments to enable everybody to take part and promote change in attitudes and perceptions towards the characteristics protected under the Equality Act (2010).

The club will endeavour that everyone feels:

- Welcome
- Represented
- Included in decision making
- Able to participate
- Safe and free from discrimination, bullying, harassment and vilification
- All activities are appropriate to the age, ability and experience of those taking part.

Welfare Policy, Safeguarding & Complaints Procedure

Members are encouraged to be always open and to share any concerns or complaints that they may have about any aspect of the club with the club Welfare Officers or other members of the club committee.

Kimberley and District Striders (KADS) abide by the UKA, HCAF Child Safeguarding Policy and Procedures, and Adult Safeguarding Policy and Procedures, which can be found on the England Athletics website - englandathletics.org/safeguarding.

If there is a cause for concern or complaint by a club member or a member of the public, concerning the behaviour, welfare or action of a club member or a person acting on behalf of the club then this must be brought to the attention of [the Welfare Officer](#) in accordance with the Complaints Procedure, which can be found on the [welfare page of our website](#).

If you have any questions, please contact either our lead welfare officer or club secretary.

Welfare.kads@gmail.com Secretary.kads@gmail.com